

BHARATHIAR UNIVERSITY COUNSELLING SERVICES -COVID-19
BHARATHIAR UNIVERSITY, COIMBATORE - 641 046

Mental Well-being Counselling Services for Students

Ref: VC Mail, Dt 15.4.2020 & D.O No. Secy(HE)/MHRD/2020 dt.4.4.2020

During this challenging time of COVID 19 pandemic, students are not only forced to take adequate caution for saving their physical health but they are also experiencing serious demands to save their mental health.

COVID 19 pandemic and the lockdown students are facing can be a cause of anxiety and depression, in addition to a host of other psychological problems.

Department of Psychology, Education, Social Work and Career Guidance Faculty and research scholars are providing ONLINE COUNSELLING for any student who might need it. We as a team are engaged in the following:

- Provide information on any mental health concerns
- Provide counselling to nurture positivity and well-being
- Guide you with self-help methods that can be strengthened minds of students

Students who need to talk/consult to a counsellor can call any of the faculty listed below from 10am to 5pm, Monday to Saturday to register for counselling and a counsellor will be assigned to counsel the student:

S. No.	Name	Contact number (Mobile/WhatsApp)
1	Prof. Dr. A. Velayudhan	9443428948
2	Prof. Dr. G. Singaravelu	9486410175
3	Dr. P. Janardhana Kumar Reddy	9182677714
4	Dr. R. Baskar	9443632327
5	Dr. S. Arulsamy	9080258375
6	Dr. S. Sadhasivam	7358595171
7	Dr. K. V. Krishna	9952276818
8	Dr R. Arjunan	9843993715
9	Dr. M. Balasubramanian	9976134495
10	Dr. M. VinothKumar	9894166218
11	Dr. C. Dayanand	9597496575/95974965
FOR IT/APP DOWN LOAD RELATED QUERIES		
12	Dr. J. Satheeshkumar	9443968110

Note: Women students will be counselled by Women Counsellors.

The identity of the student and all the information shared by the student during counselling will be kept confidential.

Giving help when you need is one of the most important skills for survival. So do not hesitate to ask for help the first minute you feel so.

REGISTRAR_{i/c}
Bharathiar University